Feedback — preparation

The full script is in chapter 9.

SHEET 1 OF 8

Person: _____ Date: _____

SITUATION

When and where, specifically. One instance, not a pattern.

BEHAVIOR

What they did. Observable. No motive, no adjectives.

IMPACT

What followed. Concrete.

THE HISTORY LINE

The sentence only you can say.

WHAT I'M ASKING FOR

Is the obstacle real? _____

- ☐ Yes, and it's mine to fix
- ☐ Yes, and it's theirs
- ☐ No

Follow-up date: _____

WHAT I ACTUALLY SAID, AND HOW IT LANDED

Feedback — preparation

The full script is in chapter 9.

SHEET 2 OF 8

Person: _____ Date: _____

SITUATION

When and where, specifically. One instance, not a pattern.

BEHAVIOR

What they did. Observable. No motive, no adjectives.

IMPACT

What followed. Concrete.

THE HISTORY LINE

The sentence only you can say.

WHAT I'M ASKING FOR

Is the obstacle real? _____

- ☐ Yes, and it's mine to fix
- ☐ Yes, and it's theirs
- ☐ No

Follow-up date: _____

WHAT I ACTUALLY SAID, AND HOW IT LANDED

Feedback — preparation

The full script is in chapter 9.

SHEET 3 OF 8

Person: _____ Date: _____

SITUATION

When and where, specifically. One instance, not a pattern.

BEHAVIOR

What they did. Observable. No motive, no adjectives.

IMPACT

What followed. Concrete.

THE HISTORY LINE

The sentence only you can say.

WHAT I'M ASKING FOR

Is the obstacle real? _____

- ☐ Yes, and it's mine to fix
- ☐ Yes, and it's theirs
- ☐ No

Follow-up date: _____

WHAT I ACTUALLY SAID, AND HOW IT LANDED

Feedback — preparation

The full script is in chapter 9.

SHEET 4 OF 8

Person: _____ Date: _____

SITUATION

When and where, specifically. One instance, not a pattern.

BEHAVIOR

What they did. Observable. No motive, no adjectives.

IMPACT

What followed. Concrete.

THE HISTORY LINE

The sentence only you can say.

WHAT I'M ASKING FOR

Is the obstacle real? _____

- ☐ Yes, and it's mine to fix
- ☐ Yes, and it's theirs
- ☐ No

Follow-up date: _____

WHAT I ACTUALLY SAID, AND HOW IT LANDED

Feedback — preparation

The full script is in chapter 9.

SHEET 5 OF 8

Person: _____ Date: _____

SITUATION

When and where, specifically. One instance, not a pattern.

BEHAVIOR

What they did. Observable. No motive, no adjectives.

IMPACT

What followed. Concrete.

THE HISTORY LINE

The sentence only you can say.

WHAT I'M ASKING FOR

Is the obstacle real? _____

- ☐ Yes, and it's mine to fix
- ☐ Yes, and it's theirs
- ☐ No

Follow-up date: _____

WHAT I ACTUALLY SAID, AND HOW IT LANDED

Feedback — preparation

The full script is in chapter 9.

SHEET 6 OF 8

Person: _____ Date: _____

SITUATION

When and where, specifically. One instance, not a pattern.

BEHAVIOR

What they did. Observable. No motive, no adjectives.

IMPACT

What followed. Concrete.

THE HISTORY LINE

The sentence only you can say.

WHAT I'M ASKING FOR

Is the obstacle real? _____

- ☐ Yes, and it's mine to fix
- ☐ Yes, and it's theirs
- ☐ No

Follow-up date: _____

WHAT I ACTUALLY SAID, AND HOW IT LANDED

Feedback — preparation

The full script is in chapter 9.

SHEET 7 OF 8

Person: _____ Date: _____

SITUATION

When and where, specifically. One instance, not a pattern.

BEHAVIOR

What they did. Observable. No motive, no adjectives.

IMPACT

What followed. Concrete.

THE HISTORY LINE

The sentence only you can say.

WHAT I'M ASKING FOR

Is the obstacle real? _____

- ☐ Yes, and it's mine to fix
- ☐ Yes, and it's theirs
- ☐ No

Follow-up date: _____

WHAT I ACTUALLY SAID, AND HOW IT LANDED

Feedback — preparation

The full script is in chapter 9.

SHEET 8 OF 8

Person: _____ Date: _____

SITUATION

When and where, specifically. One instance, not a pattern.

BEHAVIOR

What they did. Observable. No motive, no adjectives.

IMPACT

What followed. Concrete.

THE HISTORY LINE

The sentence only you can say.

WHAT I'M ASKING FOR

Is the obstacle real? _____

- ☐ Yes, and it's mine to fix
- ☐ Yes, and it's theirs
- ☐ No

Follow-up date: _____

WHAT I ACTUALLY SAID, AND HOW IT LANDED